

Sampada





The Official Bulletin of RCD Resources

May 31, 2023

Volume 1

Issue 20

Charter President: Rtn Sunil Kumar Day

President Elect (2023-24) Rtn Rakesh Banga



29 Projects in this fortnight!

17-05-2023



VENUE: 406 GUN MSL REGT, DELHI CANTT



ROTARY CLUB OF DELHI RESOURCES



CONTACT **MAJOR ANSHU**

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079 We held our second CPR (Cardiopulmonary resuscitation) Demonstration at 406 GUN MSL REGT, Delhi Cantt, New Delhi - 110010. This was hugely successful and was attended by over 160 audience. This is for the benefit of the staff and of all age group. The check-up camp started at 10:30 am and finished around 11:15 am. There were many ladies and army staff who practiced CPR under the directions of the medical staff of Fortis Hospital, Vasant Kunj. The project was very well organized by Major Ayush. 1st Lady Rtn. Niti Day, President, Rtn. Sunil Day and Rtn Rakesh Banga, PE were present from the club. Considering the popularity and necessity of CPR Demonstration we have decided to hold as many camps as possible for different locations including schools. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.

"Knowledge is lost without putting it into practice; ~ Chanakya













17-05-2023















May 17, 2023

FREE DENTAL CHECK-UP

VENUE: 406 GUN MSL REGT. DELHI CANTT



SPONSORED BY

ROTARY CLUB OF DELHI RESOURCES



ZONE 12

DISTRICT 3011

FOR REGISTRATION **MAJOR ANSHU**

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT.



A Free Dental Check-up Camp was conducted by RCD Resources at 406 GUN MSL REGT, Delhi Cantt, New Delhi - 110010. This is for the benefit of the staff and of all age group. The check-up camp was setup by Clove Dental and it started at 9:30 am and finished around 2:00 pm. There were about 81 beneficiaries. The project was very well organized by Major Ahush. Lady Rtn. Niti Day, President, Rtn. Sunil Day and Rakesh Banga, PE were present from the club. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.

Resources May 31, 2023 Volume Volume

संपदा SAMPADA

17-05-2023

An Eye Check-up Camp held 406 GUN MSL REGT, Delhi Cantt, New Delhi – 110010. The check-up started at 9:30 am and finished at 2:00 pm. This is for the benefit of the residents of all age group. The testing facilities were provided by the Van of Center for Sight. Centre for Sight is registered in many states under the Nursing Home Act by the Directorate General of Health Services. Their eye bank is well established and situated at Preet Vihar, Delhi. There were over 122 beneficiaries of different age groups. The project was very well organized by Major Ayush. 1st Lady Rtn. Niti Day, Rtn Rakesh Banga, PE and President, Rtn. Sunil Day were present from the club. Such a camp by

Rotary was held for the very First Time at the location and



MAY 17, 2023



09:30 - 14:00

EYE CHECK-UP CAMP

VENUE: 406 GUN MSL REGT, DELHI CANTT

TESTING BY



SPONSORED BY ROTARY CLUB OF DELHI RESOURCES



ZONE 12 DISTRICT 3011

CLUB ID - 224707

CONTACT: MAJOR AYUSH

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079



we are very proud of it.







Visit www.rcdelhiresources.rotaryindia.org for our Cub Activities



17-05-2023











our Free Cancer Screening Camp, with specific emphasis on Clinical Cancer Testing, Pap Smear and Oral Checkups, etc. at 406 GUN MSL REGT, Delhi Cantt, New Delhi -110010. The testing equipment / medical facilities were provided by Rajiv Gandhi Cancer Institute & Research Center (RGICRC), Rohini, New Delhi. This is for the benefit of the residents of Delhi Cantt. There were about 155 beneficiaries. 1st Lady Rtn. Niti Day, Rtn Rakesh Banga, PE and President, Rtn. Sunil Day were present from the club. The project was very well organized by Major Ayush. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.





17-05-2023

FREE CANCER SCREENING CAMP

For Ladies & Gents - 20 Years Plus

Venue: 406 GUN MSL REGT, DELHI CANTT

1. CLINICAL CANCER TESTING

2.PAP SMEAR

3. ORAL CHECKUPS



Rajiv Gandhi Cancer Institute & Research Centre, Rohini

SPONSORED BY **ROTARY CLUB OF DELHI RESOURCES**



DISTRICT 3011

CONTACT: MAJOR ANSHU

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079

Mr. GAGAN - RGCIRC, ROHINI



17-05-2023

17-05-2023 Rotary 9:30 AM - 2:00 PM FREE MAMMOGRAPHY CAMP

(For Detection of Breast CancerFor 40 - 70 years)

For Advocates & Families

Venue: 406 GUN MSL REGT, DELHI CANTT



SPONSORED BY ROTARY CLUB OF DELHI RESOURCES

ZONE 12

DISTRICT 3011

CLUB ID - 224707

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT. Rtn. NITI DAY, MAMMOGRAPHY MISSION CHAIR

Contact: MAJOR ANSHU - 8011280313

Our 57th Camp of Mammography was successfully held today, 17-05-23 at 406 GUN MSL REGT, Delhi Cantt, New Delhi - 110010. The testing facilities are provided by the Mobile Mammography van that is a project of RCF Midtown & Faridabad Industrial Area (FIA) Charitable Society. For this all ladies above 40 years should undergo preventive mammography screening once in a year. The coordinating officer Major Ayush and his team provided all the necessary arrangements / provisions for Rotarians and beneficiaries. There were 25 beneficiaries. 1st Lady Rtn. Niti Day, Rtn Rakesh Banga, PE and President, Rtn. Sunil Day were present from the club. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.











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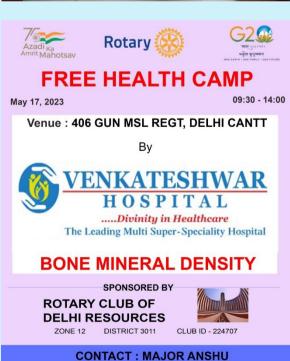












Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT

Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079 MR. VIRENDER NATH, VENKETESHWAR HOSPITAL A Health Check-up Camp, with specific emphasis on Bone Mineral Density was conducted by RCD Resources at 406 GUN MSL REGT, Delhi Cantt, New Delhi - 110010. This is for the benefit of residents of all age groups. It started early at 09:30 am and continued beyond 2:00 pm. Patients were registered in a very organized way. The testing equipment / medical facilities were hired by the club on payment from Venkateshwar Hospital, Dwarka. There were 150 beneficiaries of different age groups. The project was very well organized by Major Ayush. 1st Lady Rtn. Niti Day, Rtn Rakesh Banga, PE and President, Rtn. Sunil Day were present from the club. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it. Mrs. Kirti Gautam, Chairperson Family Welfare Organization and Col Kamal Gautam, SM, Commanding Officer graced the camp with their precious time spent with all the teams and they also handed over Mementos to each Medical Team and Rotary Team Members present there.

संपदा SAMPADA

May 31, 2023

17-05-2023

A General Health Check-up Camp for General Physician, Blood Pressure, Random Blood Sugar & ECG was conducted by Venkateshwar Hospital, Dwarka and organized by RCD Resources with 406 GUN MSL REGT, Delhi Cantt, New Delhi -110010. This is for the benefit of residents of all age groups. It started at 09:30 am and continued till 2:00 pm. The testing equipment and team of Doctors / medical staff were brought by Venkateshwar Hospital, Dwarka. A highly successful camp had 155 beneficiaries of different age groups. The project was very well organized by Major Ayush. 1st Lady Rtn. Niti Day, Rtn Rtakesh Banga, PE and President, Rtn. Sunil Day were present from the club. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it. Mrs. Kirti Gautam, Chairperson Family Welfare Organization and Col Kamal Gautam, SM, Commanding Officer graced the camp with their precious time spent with all the teams and they also handed over Mementos to each Medical Team and Rotary Team Members present there.



MAY 17, 2023

Rotary 1

9:30 am till 2:00 pm

FREE GENERAL HEALTH CHECK-UP **VENUE: 406 GUN MSL REGT. DELHI CANTT**

FIRST COME. FIRST SERVED





CO-SPONSORED BY VENKATESHWAR ROTARY CLUB OF **DELHI RESOURCES**



CONTACT: MAJOR ANSHU

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT - 9911894444 Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079

MR. VIRENDER NATH, VENKETESHWAR HOSPITAL















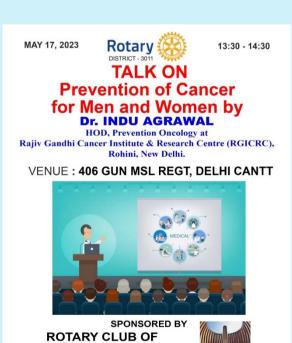


17-05-2023









CONTACT: MAJOR AYUSH Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT

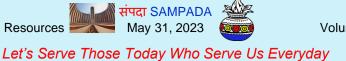
CLUB ID - 224707

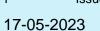
DISTRICT 3011

DELHI RESOURCES

ZONE 12

Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079 Our club organized Cancer Awareness & Detection Camp at 406 GUN MSL REGT, Delhi Cantt, New Delhi - 110010. This camp was held for keynote speaker on Preventive Oncology Dr. Indu Agarwal of Venkateshwar Hospital, Dwarka, New Delhi delivered her educative and informative Speech on the importance of early detection of cancer. 150 audience listened with keenness in pin drop silence. So proud and lucky to be part of this Service Camp. For every Mammography Camp we hold we are also holding at least two other Camps. It is Fun all the way. This was meant for the staff & residents of the Delhi Cantt. The eminent speaker spoke at length on the following topics mainly at length addressed to both men & women:1. Breast Cancer 2. Cervical Cancer 3. Oral Cancer. Dr. Indu Agarwal was also emphatic on the right diet and regular exercise The project was very well organized by Major for everybody. Ayush. 1st Lady Rtn. Niti Day, Rtn Rakesh Banga, PE and President, Rtn. Sunil Day were present from the club. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it. Mrs. Kirti Gautam, Chairperson Family Welfare Organization and Col Kamal Gautam, SM, Commanding Officer graced the camp with their precious time spent with all the teams and they also handed over Mementos to each Medical Team and Rotary Team Members present there.

















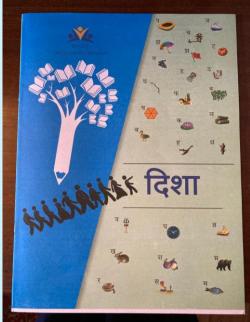


"Learn from the mistakes of others..... you can't live long enough to make them all yourselves" ~ Chanakya

संपदा SAMPADA











Under Rotary India Literacy Mission (RILM) we are doing our 1st Project. We have tried to reach all the Arya Samaj Schools of Delhi – 33 of them. The 1st School to join this scheme is Rattan Chand Arya Public School, Sarojini Nagar, New Delhi – 110023. In this project school children above 5th class teach one adult during their summer holidays. There are two books and a few worksheets that are provided to each student. After successful completion the student and the adult are issued certificates by Rotary. The nominal cost of the set is Rs.100/-. However in our case Rtn Pran Mehta Ji provided the sets to 15 students and 3 teachers of the school.











Visit www.rcdelhiresources.rotaryindia.org for our Cub Activities

May 31, 2023

संपदा SAMPADA

20-05-2023







Rotary District 3011

&

Indian Council for Cultural Relations cordially invites you & your partner for



World Day for Cultural Diversity

Chief Guest Mrs. Meenakashi Lekhi Hon'ble Minister of State for External Affairs & Culture of India

Guest of Honour Dr. Vinay Sahasrabuddhe President - ICCR

Saturday, 20th May, 2023

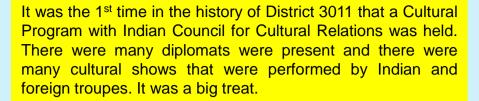
6 to 7 PM - Fellowship 7 PM - International Cultural Program Followed by Drinks & Dinner

PHD House, August Kranti Marg, New Delhi

Rtn. Anil K. Agarwal Chairman - International Affairs Rotary District 3011

Rtn. Ashok Kantoor District Governor R I District 3011 Amb. Kumar Tuhin, IFS Director General ICCR



















Volume 1

Let's Serve Those Today Who Serve Us Everyday

21-05-2023









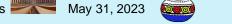








23-05-2023



संपदा SAMPADA















A Health Check-up Camp, with specific emphasis on Bone Mineral Density was conducted by RCD Resources at Basantar Line, Delhi Cantt, New Delhi – 110010. This is for the benefit of residents of all age groups. It started early at 09:30 am and continued beyond 2:00 pm. Patients were registered in a very organized way. The testing equipment / medical facilities were provided by Venkateshwar Hospital, Dwarka. There were 70 beneficiaries of different age groups. The project was very well organized by Lt. Col. C N Ramesh & Lt. Col. Divyanshu. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. Zone 12 AG Rtn Arun Roongta graced the occasion. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.







FREE HEALTH CAMP

May 23, 2023

09:30 - 14:00

Venue: BASANTAR LINE, DELHI CANTT

Rν



The Leading Multi Super-Speciality Hospital

BONE MINERAL DENSITY

SPONSORED BY

ROTARY CLUB OF DELHI RESOURCES

ZONE 12

DISTRICT 3011 CLUB ID - 224707

CONTACT Lt. Col. C N Ramesh Lt. Col Divyanshu

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079

MR. VIRENDER NATH, VENKETESHWAR HOSPITAL





23-05-2023







23-05-2023

9:30 - 14:00

FREE CANCER SCREENING CAMP

For Ladies & Gents - 20 Years Plus

Venue: BASANTAR LINE, DELHI CANTT

1. CLINICAL CANCER TESTING

2.PAP SMEAR

3. ORAL CHECKUPS



Rajiv Gandhi Cancer Institute & Research Centre, Rohini

SPONSORED BY **ROTARY CLUB OF DELHI RESOURCES**



ZONE 12 DISTRICT 3011

CLUB ID - 224707

CONTACT Lt. Col. C N Ramesh Lt. Col Divyanshu

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079

Mr. GAGAN - RGCIRC, ROHINI

Our Free Cancer Screening Camp, with specific emphasis on Clinical Cancer Testing, Pap Smear and Oral Checkups, etc. at Basantar Line, Delhi Cantt, New Delhi - 110010. The testing equipment / medical facilities were provided by Rajiv Gandhi Cancer Institute & Research Center (RGICRC), Rohini, New Delhi. This is for the benefit of the residents of Delhi Cantt. There were about 96 beneficiaries includes 28 Pap Smear. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. Zone 12 AG Rtn Arun Roongta graced the occasion. The project was very well organized by Lt. Col. C N Ramesh & Lt. Col. Divyanshu. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.











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23-05-2023











We held our second CPR (Cardiopulmonary resuscitation) Camp at Basantar Line, Delhi Cantt, New Delhi - 110010. This was hugely successful and was attended by over 100 audience. This is for the benefit of the staff and of all age group. The check-up camp started at 10:30 am and finished around 11:30 am. There were many ladies and army staff who practiced CPR under the directions of the medical staff of Venkateshwar Hospital, Dwarka. The project was very well organized by Lt. Col. C N Ramesh & Lt. Col. Divyanshu. Considering the popularity and necessity of Demonstration we have decided to hold as many camps as possible for different locations including schools. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. Zone 12 AG Rtn Arun Roongta graced the occasion. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.









CPR DEMONSTRATION BY VENKATESHWAR

May 23, 2023

09:30 - 11:30



VENUE: BASANTAR LINE, DELHI CANTT

SPONSORED BY



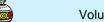
ROTARY CLUB OF DELHI RESOURCES



ZONE 12 DISTRICT 3011 CLUB ID - 224707

CONTACT
Lt. Col. C N Ramesh
Lt. Col Divyanshu

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079



23-05-2023



May 23, 2023





FREE DENTAL CHECK-UP

VENUE: BASANTAR LINE, DELHI CANTT



SPONSORED BY

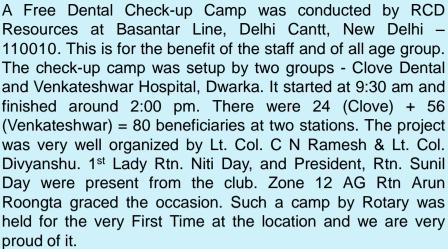
ROTARY CLUB OF DELHI RESOURCES

DISTRICT 3011



CONTACT Lt. Col. C N Ramesh Lt. Col Divyanshu

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT.













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संपदा SAMPADA

May 31, 2023











A Health Check-up Camp, with specific emphasis on Diabetes was conducted by RCD Resources at Basantar Line, Delhi Cantt, New Delhi - 110010.. This is for the benefit of the residents of all age groups. It started early at 9:30 am and continued till 2:00 pm. Patients were registered in a very organized way. The testing equipment were provided by Rotary Diabetes Center. There were 27 beneficiaries of different age groups of advocate. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. Zone 12 AG Rtn Arun Roongta graced the occasion. The project was very well organized by Lt. Col. C N Ramesh & Lt. Col. Divyanshu. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.





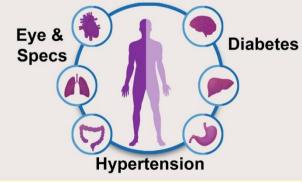


FREE HEALTH CHECK-UP CAMP BY ROTARY DIABETES CENTRE

May 23, 2023

9:30AM-2:00PM

VENUE: BASANTAR LINE, DELHI CANTT



SPONSORED BY **ROTARY CLUB OF**

DELHI RESOURCES



DISTRICT 3011 CONTACT

Lt. Col. C N Ramesh Lt. Col Divyanshu

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079 संपदा SAMPADA

May 31, 2023

23-05-2023

MAY 23, 2023



09:30 - 14:00

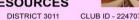
EYE CHECK-UP CAMP

VENUE: BASANTAR LINE, DELHI CANTT

TESTING BY



SPONSORED BY ROTARY CLUB OF DELHI RESOURCES



CONTACT
Lt. Col. C N Ramesh
Lt. Col Divyanshu

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079



an Eye Check-up Camp held Basantar Line, Delhi Cantt, New Delhi – 110010. The check-up started at 9:30 am and finished at 2:00 pm. This is for the benefit of the residents of all age group. The testing facilities were provided by the Van of Center for Sight. Centre for Sight is registered in many states under the Nursing Home Act by the Directorate General of Health Services. Their eye bank is well established and situated at Preet Vihar, Delhi. There were over 110 beneficiaries of different age groups. The project was very well organized by Lt. Col. C N Ramesh & Lt. Col. Divyanshu. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. Zone 12 AG Rtn Arun Roongta graced the occasion. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.











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23-05-2023







A General Health Check-up Camp for General Physician, Blood Pressure, Random Blood Sugar & ECG was conducted by Venkateshwar Hospital, Dwarka and organized by RCD Resources with Basantar Line, Delhi Cantt, New Delhi – 110010. This is for the benefit of residents of all age groups. It started at 09:30 am and continued till 2:00 pm. The testing equipment and team of Doctors / medical staff were brought by Venkateshwar Hospital, Dwarka. A highly successful camp had 100 beneficiaries of different age groups. The project was very well organized by Lt. Col. C N Ramesh & Lt. Col. Divyanshu. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. Zone 12 AG Rtn Arun Roongta graced the occasion. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.



MAY 23, 2023

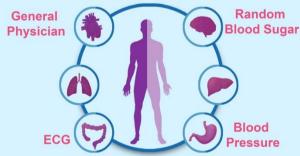


9:30 am till 2:00 pm

FREE GENERAL HEALTH CHECK-UP

VENUE: BASANTAR LINE, DELHI CANTT

FIRST COME, FIRST SERVED





CO-SPONSORED BY **ROTARY CLUB OF DELHI RESOURCES**



CONTACT

Lt. Col. C N Ramesh Lt. Col Divyanshu

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT - 9911894444 Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079

MR. VIRENDER NATH, VENKETESHWAR HOSPITAL

संपदा SAMPADA

May 31, 2023

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23-05-2023

23-05-2023



9:30 AM - 2:00 PM

FREE MAMMOGRAPHY CAMP

(For Detection of Breast CancerFor 40 - 70 years)

Venue: BASANTAR LINE, DELHI CANTT



SPONSORED BY

Rtn. VIKAS VIJ

ROTARY CLUB OF DELHI RESOURCES

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT. Rtn. NITI DAY, MAMMOGRAPHY MISSION CHAIR

> Contact : Lt. Col. C N Ramesh Lt. Col Divyanshu



Our 58th Camp of Mammography was successfully held today, 23-05-23 at 512 Basantar Line, Delhi Cantt, New Delhi -110010. The testing facilities are provided by the Mobile Mammography Van that is a project of Rotary Club Gurgaon. For this all ladies above 40 years should undergo preventive mammography screening once in a year. The coordinating officer Lt. Col. C N Ramesh & Lt. Col. Divyanshu and their team provided all the necessary arrangements / provisions for Rotarians and beneficiaries. There were 20 beneficiaries. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. Zone 12 AG Rtn Arun Roongta graced the occasion. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.







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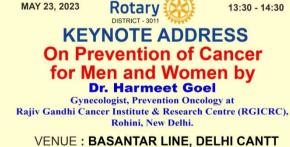








Our club organized Cancer Awareness & Detection Camp at Basantar Line. Delhi Cantt. New Delhi - 110010. This camp was held for keynote speaker Dr. Harmeet Goel, Gynecologist, Prevention Oncology at Rajive Gandhi Cancer Institute & Research Center (RGICRC), Rohini, New Delhi delivered her educative and informative Speech on the importance of early detection of cancer. 90 audience listened with keenness in pin drop silence. So proud and lucky to be part of this Service Camp. For every Mammography Camp we hold we are also holding at least two other Camps. It is Fun all the way. This was meant for the staff & residents of the Delhi Cantt. The eminent speaker spoke at length on the following topics mainly at length addressed to both men & women:1. Breast Cancer 2. Cervical Cancer 3. Oral Cancer. Dr. Harmeet Goel was also emphatic on the right diet and regular exercise for everybody. The project was very well organized by Lt. Col. C N Ramesh & Lt. Col. Divyanshu. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.





DELHI RESOURCES

ZONE 12

DISTRICT 3011 CLUB ID - 224707

CONTACT Lt. Col. C N Ramesh Lt. Col Divyanshu

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079



Volume 1

Let's Serve Those Today Who Serve Us Everyday











A person can achieve everything by being simple and humble. -Rig Veda संपदा SAMPADA



PULSE POLIO IMMUNIZATION CAMPAIGN (FOR AGE GROUP UP TO 5 YEARS)



ROTARY CLUB OF DELHI RESOURCES

ZONE 12 DISTRICT 3011

VENUE: Municipal Hospital, Kalu Sarai



MAY 28, 2023

Rtn. Rakesh Banga

Rtn. Niti Day

09:00 AM - 03:00PM

00:0074111 00:001 111

Rtn. Sunil Kumar Day

Rtn. Nicoleta Ciufudean Secretary On 28th May 2023, Sunday, Sub National Immunization Drive (SNID), RCD Resources motivated the center so that a lot of children under 6 years can get their Polio Drops. Normally at the Center there are 25 to 30 children who come for the drops but our initiatives of providing small goodies / gifts to children worked wonders and between 09:00 AM and 03:00 PM there were 100 children! That is a kind of record for this Panch Karma Hospital of Municipal Corporation of Delhi at Kalu Sarai, Near Sarvpriya Vihar, New Delhi - 110016. Our members participated enthusiastically and succeeded to make the program a grand success.











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संपदा SAMPADA

May 31, 2023

29-05-2023

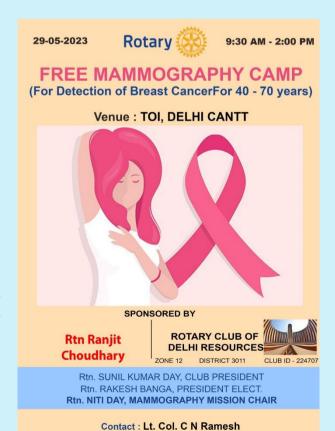






Our 59th Camp of Mammography was successfully held today, 29-05-23 at Taurus Officers Institute (TOI), Delhi Cantt, New Delhi - 110010. The testing facilities are provided by the Mobile Mammography Van that is a project of Rotary Club Gurgaon. For this all ladies above 40 years should undergo preventive mammography screening once in a year. The coordinating officer Lt. Col. C N Ramesh and their team provided all the necessary arrangements / provisions for Rotarians and beneficiaries. Our gratitude to Rtn Ranjit Choudhary who sponsored this camp. It was a great success. Maximum limit of 20 beneficiaries was met. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.





execution.

संपदा SAMPADA

30-05-2023







FREE CANCER SCREENING CAMP

For Ladies & Gents - 20 Years Plus

Venue: 505 ABW MILITARY WING **OLD FAMILY WELFARE CENTER**

1. CLINICAL CANCER TESTING

2.PAP SMEAR

3. ORAL CHECKUPS



ROTARY CLUB OF DELHI RESOURCES

ZONE 12 DISTRICT 3011

CONTACT Lt Col Vishal Rana Sub Panda

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079

Mr. GAGAN - RGCIRC, ROHINI

Our Free Cancer Screening Camp, with specific emphasis on Clinical Cancer Testing, Pap Smear and Oral Checkups, etc. at 505 ABW Military Wing Old Family Welfare Center, Delhi Cantt, New Delhi – 110010. The testing equipment / medical facilities were provided by Rajiv Gandhi Cancer Institute & Research Center (RGICRC), Rohini, New Delhi. This is for the benefit of the residents of Delhi Cantt. There were 225 registrations with 102 females and 123 males. 34 Pap Smears could have been more if the Gynecologist room was near the main testing area. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. The project was very well organized by Lt. Col. Vishal Rana. Mrs. Mitali Bali Johar, Chairperson AWWA 505 Army Base Workshop handed over mementos to the President & the Doctors present. Such a camp by Rotary was held for the very First Time at the location & we are very proud of it and it is a very large number to serve in a single camp which was possible due to efficient planning and timely









संपदा SAMPADA

May 31, 2023

30-05-2023











On 30th May 2023 - A Health Check-up Camp, with specific emphasis on Diabetes, Hypertension, Eye & Specs was conducted by RCD Resources at 505 ABW Military Wing Old Family Welfare Center, Delhi Cantt, New Delhi -110010.. This is for the benefit of the residents of all age groups. It started early at 9:30 am and continued till 3:30 pm. Patients were registered in a very organized way. The testing equipment were provided by Rotary Diabetes Center. There were 68 beneficiaries of different age groups and 25 specs were provided to the deserving. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. The project was very well organized by Lt. Col. Vishal Rana. Mrs. Mitali Bali Johar, Chairperson AWWA 505 Army Base Workshop handed over mementos to the President & the Doctors present. Such a camp by Rotary was held for the very First Time at the location & we are very proud of it and it is a very large number to serve in a single camp which was possible due to efficient planning and timely execution.





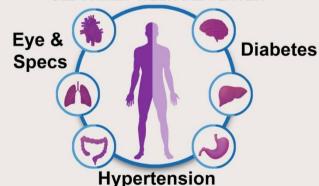


FREE HEALTH CHECK-UP CAMP BY ROTARY DIABETES CENTRE

May 30, 2023

9:30AM-2:00PM

VENUE: 505 ABW MILITARY WING OLD FAMILY WELFARE CENTER



SPONSORED BY

ROTARY CLUB OF DELHI RESOURCES



ZONE 12

DISTRICT 3011

CLUB ID - 224707

CONTACT Lt Col Vishal Rana Sub Panda

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079 The Bone Mineral Density test was conducted by RCD

Resources at 505 ABW Military Wing Old Family Welfare Center, Delhi Cantt, New Delhi – 110010. This is for the benefit

of residents of all age groups. It started early at 09:30 am and

continued beyond 2:00 pm. Patients were registered in a very

organized way. The testing equipment / medical facilities were

Let's Serve Those Today Who Serve Us Everyday



30-05-2023







FREE HEALTH CAMP

May 30, 2023

09:30 - 14:00

Venue: 505 ABW MILITARY WING **OLD FAMILY WELFARE CENTER**



....Divinity in Healthcare The Leading Multi Super-Speciality Hospital

BONE MINERAL DENSITY

SPONSORED BY

Rtn. Sara Banga

ROTARY CLUB OF DELHI RESOURCES ZONE 12 DISTRICT 3011



CONTACT Lt Col Vishal Rana Sub Panda

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079

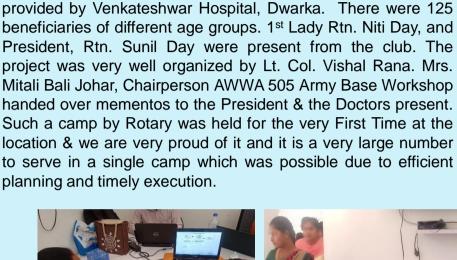
MR. VIRENDER NATH, VENKETESHWAR HOSPITAL





planning and timely execution.











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30-05-2023

















CPR DEMONSTRATION BY VENKATESHWAR



VENUE: 505 ABW MILITARY WING OLD FAMILY WELFARE CENTER

SPONSORED BY



NKATESHWAR ROTARY CLUB OF DELHI RESOURCES



ZONE 12 DISTRICT 3011 CLUB ID - 224707

CONTACT Lt Col Vishal Rana Sub Panda

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079

we held our third CPR (Cardiopulmonary resuscitation) Camp at 505 ABW Military Wing Old Family Welfare Center, Delhi Cantt, New Delhi - 110010. This was hugely successful and was attended by over 100 audience. This is for the benefit of the staff and family members of all age group. The check-up camp started at 9:30 am and finished around 11:30 am. There were many ladies and army staff who practiced CPR under the directions of the medical staff of Venkateshwar Hospital, Dwarka. The project was very well organized by Lt. Col. Vishal Rana. Mrs. Mitali Bali Johar, Chairperson AWWA 505 Army Base Workshop handed over mementos to the President & the Doctors present. Such a camp by Rotary was held for the very First Time at the location & we are very proud of it and it is a very large number to serve in a single camp which was possible due to efficient planning and timely execution. Considering the popularity and necessity of CPR Demonstration we have decided to hold as many camps as possible for different locations including schools.

30-05-2023

संपदा SAMPADA

A Free Dental Check-up Camp was conducted by RCD Resources at 505 ABW Military Wing Old Family Welfare Center, Delhi Cantt, New Delhi - 110010. This is for the benefit of the staff and of all age group. The check-up camp was setup by Clove Dental. It started at 9:30 am and finished around 3:00 pm. There were 64 beneficiaries. The project was very well organized by Lt. Col. Vishal Rana. Mrs. Mitali Bali Johar, Chairperson AWWA 505 Army Base Workshop handed over mementos to the President & the Doctors present. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.













May 30, 2023

FREE DENTAL CHECK-UP VENUE: 505 ABW MILITARY WING

OLD FAMILY WELFARE CENTER



SPONSORED BY

ROTARY CLUB OF DELHI RESOURCES



ZONE 12

DISTRICT 3011

CONTACT Lt Col Vishal Rana Sub Panda

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT.







Volume 1

Let's Serve Those Today Who Serve Us Everyday 30-05-2023







An Eye Check-up Camp held at 505 ABW Military Wing Old Family Welfare Center, Delhi Cantt, New Delhi -110010. The check-up started at 9:30 am and finished at 4:00 pm due to long waiting. This is for the benefit of the residents of all age group. The testing facilities were provided by the Van of Center for Sight. Centre for Sight is registered in many states under the Nursing Home Act by the Directorate General of Health Services. Their eye bank is well established and situated at Preet Vihar, Delhi. There were 138 beneficiaries of different age groups. The project was very well organized by Lt. Col. Vishal Rana. Mrs. Mitali Bali Johar, Chairperson AWWA 505 Army Base Workshop handed over mementos to the President & the Doctors present. Such a camp by Rotary was held for the very First Time at the location & we are very proud of it and it is a very large number to serve in a single camp which was possible due to efficient planning and timely execution.





MAY 30, 2023



09:30 - 14:00

EYE CHECK-UP CAMP

VENUE: 505 ABW MILITARY WING OLD FAMILY WELFARE CENTER



SPONSORED BY

ROTARY CLUB OF DELHI RESOURCES



DISTRICT 3011

CLUB ID - 224707

CONTACT Lt Col Vishal Rana Sub Panda

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079

30-05-2023

MAY 30, 2023



9:30 am till 2:00 pm

FREE GENERAL HEALTH CHECK-UP

VENUE: 505 ABW MILITARY WING OLD FAMILY WELFARE CENTER FIRST COME, FIRST SERVED





CO-SPONSORED BY VENKATESHWAR ROTARY CLUB OF **DELHI RESOURCES**



CONTACT Lt Col Vishal Rana Sub Panda

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT - 9911894444 Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079

MR. VIRENDER NATH, VENKETESHWAR HOSPITAL



A General Health Check-up Camp for General Physician, Blood Pressure, Random Blood Sugar & ECG was conducted by Venkateshwar Hospital, Dwarka and organized by RCD Resources with 505 ABW Military Wing Old Family Welfare Center, Delhi Cantt, New Delhi – 110010. This is for the benefit of residents of all age groups. It started at 09:30 am and continued till 2:00 pm. The testing equipment and Doctors / medical staff were brought by Venkateshwar Hospital, Dwarka. A highly successful camp had 110 beneficiaries and ECG of 67 patient were done on the recommendation of GP. The project was very well organized by Lt. Col. Vishal Rana. Mrs. Mitali Bali Johar, Chairperson AWWA 505 Army Base Workshop handed over mementos to the President & the Doctors present. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.









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30-05-2023





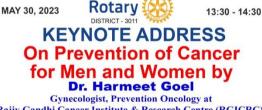


Our club organized Cancer Awareness & Detection Camp at 505 ABW Military Wing Old Family Welfare Center, Delhi Cantt, New Delhi – 110010. This camp was held for keynote speaker Dr. Harmeet Goel, Gynecologist, Prevention Oncology at Rajive Gandhi Cancer Institute & Research Center (RGICRC), Rohini, New Delhi delivered her educative and informative Speech on the importance of early detection of cancer. 140 audience (in two shifts) listened with keenness in pin drop silence. So proud and lucky to be part of this Service Camp. For every Mammography Camp we hold we are also holding at least two other Camps. It is Fun all the way. This was meant for the staff & residents of the Delhi Cantt. The eminent speaker spoke at length on the following topics mainly at length addressed to both men & women:

1. Breast Cancer 2. Cervical Cancer 3. Oral Cancer.

Dr. Harmeet Goel was also emphatic on the right diet and regular exercise for everybody.

The project was very well organized by Lt. Col. Vishal Rana. Mrs. Mitali Bali Johar, Chairperson AWWA 505 Army Base Workshop handed over mementos to the President & the Doctors present. Such a camp by Rotary was held for the very First Time at the location and we are very proud of it.



Rajiv Gandhi Cancer Institute & Research Centre (RGICRC),

VENUE : 505 ABW MILITARY WING **OLD FAMILY WELFARE CENTER**



SPONSORED BY **ROTARY CLUB OF DELHI RESOURCES**



CLUB ID - 224707

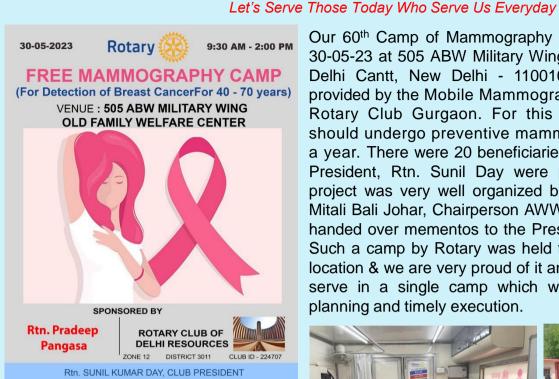
DISTRICT 3011

CONTACT

Lt Col Vishal Rana **Sub Panda**

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, PROJECT CHAIR - 9868128079

30-05-2023



Our 60th Camp of Mammography was successfully held today, 30-05-23 at 505 ABW Military Wing Old Family Welfare Center, Delhi Cantt, New Delhi - 110010. The testing facilities are provided by the Mobile Mammography Van that is a project of Rotary Club Gurgaon. For this all ladies above 40 years should undergo preventive mammography screening once in a year. There were 20 beneficiaries. 1st Lady Rtn. Niti Day, and President, Rtn. Sunil Day were present from the club. The project was very well organized by Lt. Col. Vishal Rana. Mrs. Mitali Bali Johar, Chairperson AWWA 505 Army Base Workshop handed over mementos to the President & the Doctors present. Such a camp by Rotary was held for the very First Time at the location & we are very proud of it and it is a very large number to serve in a single camp which was possible due to efficient planning and timely execution.







Rtn. RAKESH BANGA, PRESIDENT ELECT Rtn. NITI DAY, MAMMOGRAPHY MISSION CHAIR CONTACT Lt Col Vishal Rana Sub Panda







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संपदा SAMPADA May 31, 2023



















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Sampada





The Official Bulletin of RCD Resources

Charter President: Rtn Sunil Kumar Day



Message of Club President Rtn Sunil Kumar Day

I am very happy to share that we are completing this Rotary Year on all positive notes.

Our next year's team under Rtn. Rakesh Banga, President Elect, is fully on saddle – for 01.07.2023. Around 16th June the new leadership will form its new WhatsApp Groups and Procedures. There is another good news – we are likely to get our first CSR for our projects in Arya Samaj School. I have requested my Club members repeatedly to direct CSR funds to us and this has to be an ongoing process.

One more very good news is that we are aiming for 200 Service Projects by 30th June 2023, if funds are made available by our members and friends. This 200 to include only our own projects – joint projects to be separately counted.

And one more good news is that around mid-June we are going to have a Twinning Agreement with the oldest Club of Jordan – with youngest club on this side! Such international connection will be repeated with many other countries in near future.

May 31, 2023

Volume 1

Issue 20

President Elect (2023-24) Rtn Rakesh Banga



A Note by Rtn Niti Day, Chair Mission Mammography:

I am so pleased to write that in less than 10 months of its existence, the Club has completed 60 Mammography Camps – this could be

record of kind in the District 3011. In addition to our Mission Mammography, that is only available to ladies of 40 to 70 years, we also do Cancer Testing for 20 years plus for males and females. This way we are now serving a much broader section of the society. Another limitation of Mammography Camp is that we can only do 20 cases in a day with Van from Gurugram and 25 with the Van from Faridabad. But with clinical testing of Cancer, including Pap Smears we have achieved around 100 tests in each camp! So I look forward to our Club continuing these very useful service projects that are much in demand, so much so that we could easily do 100 Mammography Camps in a year and 50 Cancer Detection Camps. (Happy holidays to Rtn. Vidushi is on leave.)

Do not be led by others, awaken your own mind, amass your own experience, and decide for yourself your own path. – Atharva Veda

Celebrations of May / June

9 Rtn. Harish Dang

10 Rtn. Sushil Kumar Trivedi

18 Rtn. Ashok Sharma

June

Birthday Birthday

Birthday

July

8 Rtn. Yuvraj Asnani

9 Rtn. Yuvraj Asnani & Geetu

11 Rtn. Gurmukh Kotwani

15 Rtn. Manoj Kumar Dinkar

20 Rtn. Vidushi Lal

Birthday

Anniversary

Birthday

Birthday

Birthday